



## **Adult and Pediatric Hospital Dentistry**

850.502.0011

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Fellow, Academy of General Dentistry

### Oral Surgery Instructions

- NOTHING by mouth, NO food, NO drink for 8 hours before tx

Keep the Pressure/gauze in place one hour post op, replace as necessary

- Do Not Rinse for 24 hours, DILUTE any mouthwash
- NO drinking through a straw
- NO SMOKING, this causes dry socket, which HURTS worse than the extraction/COVER the socket if you do smoke
- Apply ice to area for the first 12 hours (15 min on/ 15 min off)
- Continue any medications only as directed by the doctor or staff the day of tx
- Take Prescribed Pain meds and Antibiotics only as Prescribed  
You may add additional Tylenol or Ibuprophen
- Do not wait to take your pain medicine, take IMMEDIATELY post op
- If you experience any unusual swelling, pain or bleeding...contact Dr Pierce immediately. 850.502.0011 cell, Surg Ctr: 850.522.1930
- If taking antibiotics, use ALTERNATIVE forms of Birth Control
- Resume diet with Clear Liquids, Popsicles, Ice chips. Ease into Soft Foods. Increase Protein. NO milk products or greasy foods 24 hours post anesthesia
- We encourage you to ask questions about your Health and Healthcare